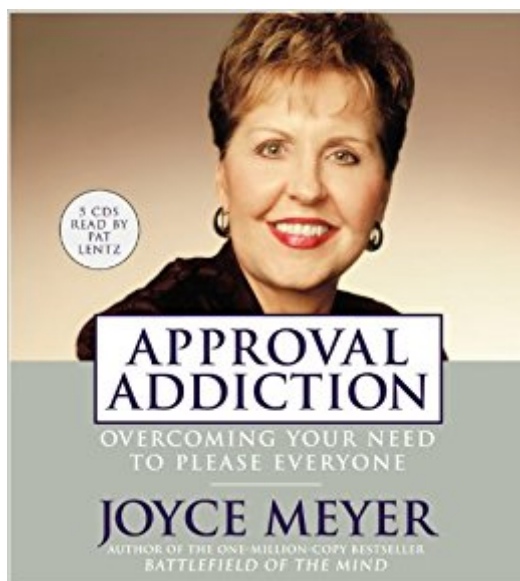


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# Approval Addiction: Overcoming Your Need To Please Everyone



## Synopsis

There is an epidemic of insecurity in society today. Many people suffer from an unhealthy need for affirmation. They are not capable of feeling good about themselves. For some the quest for approval becomes an actual addiction, as they seek self-worth from the outside world because they can't find it within themselves. Joyce Meyer understands the need for seeking approval from others to overcome feelings of rejection and low self-esteem. The good news, she says, is that there is a cure. God provides all the security anyone needs. Her goal is to provide a pathway toward freedom from the approval addiction.

## Book Information

Audio CD

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## Customer Reviews

Meyer, author of the million-copy bestseller *Battlefield of the Mind* plus more than 60 other books, addresses the constant need some people have for approval. This need stems from insecurity, which, in Meyer's own case and in the case of many others, arises from abuse—physical, verbal or emotional—sometime in the past. After years of struggle, study and attempts to live out biblical teachings, Meyer happily reports that she now lives for God's approval alone. For readers beginning the journey to recovery, she offers biblical exposition and sound—if unoriginal—self-help advice. The first step, she says, is accepting who we are and where we stand in God's eyes. "We must learn to think about and believe in our righteousness," she declares. The second step is facing our approval addiction and the feelings of shame, guilt, anger and unforgiveness that come with it. Finally, we must break our behavior patterns in the future. Meyer admits that she "will always be a type-A... in fact, most of the time I am type A+." Her writing bears out her self-assessment: it's

strong, pointed, no-nonsense and even pushy. But Meyer knows what she's talking about, truly loves God and wants people, with God's help, to overcome their addiction to human approval. Her goal? "I want you to become addicted to Jesus!" (Apr. 5) --This text refers to an out of print or unavailable edition of this title.

In great condition. Never used. Dust jacket torn at top of spine and a few scuffs on back. Otherwise is fine condition. --Seller --This text refers to an out of print or unavailable edition of this title.

I bought this book about 18 years ago when I was recovering from a coma. I was on a walker for 9 months and It was a miracle I didn't die. I wanted to be rid of any problems I had. I found this book so good and helpful in my daily life. I have used it in working with others with esteem problems etc. I loved it so much I wanted it as a reference at my disposal all the time, so I bought the Kindle version. I have also purchased a couple of other books by her and can't wait to get started reading. If you think you may benefit from Joyce Meyers just read this book. Positive thinking. A way of living that I never thought possible. I credit this book with making significant changes in my life. I have the life I never even thought possible. Change is hard but the rewards are so amazing and freeing. I am happy, joyous and free.

This book arrived quickly in excellent condition. It tells us that no one is perfect. Approval addiction hits home for those who try to do it all and people end up just using them. Eye opener for me. It taught me straight up that you are to love others but not be their doormat. The only approval we need is Gods. Very good book. Thanks Joyce for following the call and helping others to overcome.

Powerful book! This book makes you ask yourself whether or not you are a people pleaser or God pleaser. Do you compromise your morals to gain acceptance from others?

I believe God presents His lessons to us when He knows we are ready to accept them and understand them. Until this point in my life, I did not know that I was addicted to approval from others. I always felt that I was doing the "Christian thing" by acquiescing to everyone else's needs. After reading this book, I recognized the "controllers" in my life and most importantly, I learned about myself, that I was not a bad person by saying "no" to those who were controlling me out of their own sicknesses. I prayed to God to help me press through the fear by quietly standing my ground when I had to; to give the lesson up to God for those who needed a bit of correction on my behalf; and to

finally STOP the cycles of addictive relationships I was having with those close to me. I am left with feeling sane, strong and forever grateful to God.

She is an amazing woman, amazing preacher, amazing writer. Great Godly message to help with worldly issues.

With 3 kids under the age of 3, my reading time is very limited. One of the many reasons I adore Joyce Meyer. She is straight, to the point, and helps me make the most of my learning and growing in the Lord - even though time is so precious. I got this book because yes, I admit, I have the need to please everyone. I don't get much praise as a homemaker - who of us does? - so I habitually seek out getting that praise from trying to please everyone, instead of learning to be satisfied with pleasing God. His pleasure is, after all, most important! That's why I got this book, and although I haven't finished it, I've read enough to know this is exactly what this tired mommy needed to hear. I really recommend this book!

Priceless help to anyone, specially the ones with low self steam or difficulty to stand up for yourself whenever is just to say " I will not do...", "I do not want...", in a proper way, and always demanding to be respected. A help in how to manage "takers", controllers, bullies and any abusive persons in one's life!

fast shipping great book. lots of common sense help

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